## **Smoking Policy**

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Barnard College recognizes that using tobacco products is harmful to the health of tobacco users and that exposure to secondhand smoke poses a health risk to non-smokers. The following policy has been enacted to address these health concerns and to provide a smoke-free educational and working environment for all members of the college community.

Smoking is prohibited in all college-owned student residences and all academic and administrative buildings. Outdoor smoking is not permitted within the confines of the campus. For those who go outside the perimeter to smoke, we ask that you remain mindful of your proximity to office and residence hall windows, and to those passing by.

While the risks of smoking have long been known, recent studies on the impact of secondhand smoke cannot be ignored. According to the Centers for Disease Control, secondhand smoke is the third leading cause of preventable death in the U.S., causing about 3,000 deaths from lung cancer in non-smokers every year. The American Heart Association found that people who have never smoked, but were exposed to secondhand smoke, have about a 20 percent higher rate of coronary heart disease.

Barnard is committed to assisting students, faculty and staff in making healthy lifestyle choices. Students can go to Barnard Primary Care Health Service or ASAP (Alcohol and Substance Awareness Program) for information and assistance. Faculty and staff who are interested in smoking cessation programs may obtain information from Human Resources. In addition, residents of New York State can access services available through the New York State Quitline at 1-866-697-8487 or <u>www.nysmokefree.com</u>.

Your cooperation with the College smoking policy is appreciated.